Education and Prevention

Prevention can eliminate behavioral health problems before they occur or reduce problems before they become more severe. The primary means of accomplishing prevention is through education or dissemination of information. There are a broad variety of ways that education and information can be distributed, including brochures, public speaking engagements, workshops, conferences, mentoring and activities. The primary audience for prevention programs is children and youth. Education and information can be provided to people of all ages.

Prevention programs of interest:

Across Ages – Across Ages is a school and community-based drug prevention program for 9 to 13 year olds that seeks to strengthen the bonds between youth and adults and to provide the opportunity for positive community involvement
http://modelprograms.samhsa.gov/pdfs/FactSheets/AcrossAges.pdf

Al's Pal's - Al's Pals offers a systematic approach to teach children social and emotional skills. This experiential training provides teachers with a toolbox of skills and techniques that help them model and reinforce these concepts throughout the day.
http://www.wingspanworks.com/

All Stars - All Stars™ is a school- or community-based program designed to delay and prevent high-risk behaviors in middle school-age adolescents (11 to 14 years old), including substance use, violence, and premature sexual activity, by fostering development of positive personal characteristics.
http://www.tanglewood.net/

Children in the Middle - Children in the Middle is a skills-based program that helps children and parents deal with the children's reactions to divorce.
http://www.divorce-education.com/

Leadership and Resiliency - The Leadership and Resiliency Program (LRP) is a school- and community-based program for high school youth (14 to 17 years of age) that works to enhance their internal strengths and resiliency, while preventing involvement in substance use and violence.
http://modelprograms.samhsa.gov/pdfs/FactSheets/leadership.pdf